



Name of Instructor:

Dear Instructor/Grading Panel Members I have been asked to include in the Coaching Courses some information on the criteria we use to mark candidates when they take senior grades. Therefore, can you complete the following with the main points you look for in each grade. Please use follow on page if there is anything else you wish to add.

IKKYU

1. Correct example of nominated technique
2. Adequate Distance
3. Movement off line or changing the line
4. Non aggressive positive attitude
5. Decent demonstration of randori

SHODAN

1. Instantaneous total recall of nominated technique
2. Demonstration of Irimi / Tenkan, Omote / Ura where applicable
3. Adequate Distance and good movement between techniques
4. Unhurried demonstration of weapons techniques
5. Good demonstration of Bokken / Jo Kata
6. Good demonstration of randori

NIDAN

1. Techniques delivered with empathy for uke's points of imbalance
2. Good Distance and good movement between techniques
3. Knowledge of when to move off line and when to change the line
4. Unhurried demonstration of weapons techniques
5. Good demonstration of Bokken and Jo Kata
6. Good demonstration of randori

SANDAN

1. Techniques chosen to demonstrate various Aikido principles
2. Good demonstration of applied or variant techniques
3. Good focus and good movement between techniques
4. Good demonstration of weapons techniques
5. Good demonstration of Bokken and Jo Kata
6. Good demonstration of randori

